

# Wildroots Autumn–Winter Curriculum

Wednesdays | Oct 8 – Dec 10, 2025 | 10am–3pm | Ages 5–12

*(Morning Wildling Wellbeing is contained within our Seekers' Circle, so not listed as a workshop. Each day ends with Reflection and Closing down our learning, tidying up and gratitude. Lunch is not listed in some of the Tribe Chefs workshops but will be provided, prepared, cooked together & cleared up together at each session)*

## WEEK 1 – Oct 8 *The Gathering of the Tribe*

- Story Tellers Workshop: *“What is a Tribe?”* – harvest myths, group story circle.
- Tribe Artisan Workshop: *Totem Making* – natural clay/wood pendants.
- Earth Keeper Workshop: *Seed Saving Ceremony* – gifting seeds for the future.
- Woodland Guardian Workshop: *Exploring the Woodland* – safety walk, meet the trees.
- Tribe Chefs Workshop: *Fire & Knife Skills* – safe fire circle, chopping apples, roasting them.
- Survival Specialist Workshop: Finding your way using natural methods, following a trail

## WEEK 2 – Oct 15 *Guardians of the Woodland*

- Woodland Guardian Workshop: *Tree ID* – autumn leaves & bark rubbing.
- Incredible Investigators Workshop: *Mini Beast Engineering* – building bug hotels.
- Tribe Artisan Workshop: *Leaf Printing* – natural paints, seasonal colours.
- Earth Keeper Workshop: *Tree Talk* – how trees help soil, air, water.
- Tribe Chefs Workshop: *Vegetable Preparation* – peeling, chopping, roasting roots.
- Medicine Maker Workshop: *Herbal Tea Blends* – mint, nettle, chamomile tasting & blackberry oxymel

## WEEK 3 – Oct 22 *Foraging & Feast*

- Fantastic Forager Workshop: *Hedgerow Hunt* – rosehips, hawthorn berries, nettles.
- Medicine Maker Workshop: *Rosehip Syrup* – preparing, bottling, tasting.
- Story Tellers Workshop: *Feast Tales* – Native American harvest stories.
- Tribe Artisan Workshop: *Berry Inks* – natural ink-making & foraged painting.
- Tribe Chefs Workshop: *Soup School* – stock basics, seasoning
- Survival Specialist Workshop: *Camp Tools* – safe handling of tools, whittling

## WEEK 4 – Oct 29 *Samhain: Ancestors & Fire*

- Story Tellers Workshop: *Samhain Myths* – tales of the Morrigan & the thin veil.
- Survival Specialist Workshop: *Fire Skills* – building & tending a sacred fire.
- Medicine Maker Workshop: *Herbal Charms* – protective incense bundles.
- Tribe Artisan Workshop: *Lanterns of Light* – gourds/jars for Samhain at home.
- Tribe Chefs Workshop: *Pumpkin Feast* – roasting seeds, baking bread on sticks.
- Earth Keeper Workshop: *Honouring Ancestors* – nature altar & gratitude offerings.

## WEEK 5 – Nov 5 *Stories of Darkness & Light*

- Story Tellers Workshop: *Legends of Light* – Diwali lamps & Celtic fires.
- Medicine Maker Workshop: *Dream Pillows* – lavender & mugwort.
- Earth Keeper Workshop: *Moon & Stars* – learning about natural cycles.
- Tribe Artisan Workshop: *Charcoal Drawing* – fire-made charcoal art.
- Tribe Chefs Workshop: *One-Pot Stew* – flavour layering, slow cooking.
- Incredible Investigators Workshop: *Light & Shadow*

## **WEEK 6 – Nov 12 *Woodland Wildlife***

- Woodland Guardian Workshop: *Animal Tracking* – footprints, scat, signs.
- Incredible Investigators Workshop: *Bird Feeders* – pinecone & seed feeders.
- Tribe Artisan Workshop: *Animal Totems* – clay or wooden carvings.
- Earth Keeper Workshop: *Habitats* – protecting woodland animals.
- Tribe Chefs Workshop: *Flatbreads & Bannocks* – dough mixing, pan cooking.
- Fantastic Forager Workshop: *Late Autumn Forage* – hips, berries, seeds.

## **WEEK 7 – Nov 19 *Shelter & Resilience***

- Survival Specialist Workshop: *Shelter Building* – branches, bracken, teamwork.
- Fantastic Forager Workshop: *Wild Greens* – nettles, chickweed, cleavers.
- Tribe Artisan Workshop: *Mini Shelter Models* – sticks, clay, moss.
- Incredible Investigators Workshop: *Weather Testing* – “rain” on models to see which survive.
- Tribe Chefs Workshop
- Medicine Maker Workshop: *Herbal Balms* – plantain & beeswax salve.

## **WEEK 8 – Nov 26 *Medicine & Healing***

- Medicine Maker Workshop: Cold process soap making
- Story Tellers Workshop: *Healers’ Tales* – Ojibwe & Celtic medicine stories.
- Tribe Artisan Workshop: *Plant Dyeing* – onion skin & berry cloth dyeing.
- Earth Keeper Workshop: *Healing the Land* – soil, compost & giving back.
- Tribe Chefs Workshop
- Woodland Guardian Workshop: *Winter Tree ID* – twigs, bark, buds.

## **WEEK 9 – Dec 3 *Winter Preparations***

- Earth Keeper Workshop: *Composting & Mulching* – preparing soil for rest.
- Woodland Guardian Workshop: *Coppicing* – intro to woodland care.
- Incredible Investigators Workshop: *Keeping Warm* – insulation experiment.
- Tribe Artisan Workshop: *Festive Factory Makers*
- Tribe Chefs Workshop
- Survival Specialist Workshop: *Cold Weather Skills* – clothing layers, heat loss demos.

## **WEEK 10 – Dec 10 *Preparing for the Solstice Gathering***

- Story Tellers Workshop: *Solstice Story* – children rehearse and prepare for celebration.
- Tribe Artisan Workshop: *Festive Factory Makers*

- **Earth Keeper Workshop: *Community Planning*** – roles, offerings, how to give back.
- **Survival Specialist Workshop: *Ceremonial Fire*** – building, lighting
- **Tribe Chefs Workshop: *Festive Foods for celebration***
- **Fantastic Forager Workshop: *Evergreens & Winter Greens*** – gathering holly, ivy, pine for celebration.