

Herby Lab
Wisdom Quest
Yarrow Wisdom





Herby Lab:

Processing Yarrow for drying

1. Forage for yarrow

Watch the yarrow video if you are unsure or use the Yarrow Plant page. Remember Rorrim's Foraging Code! Pick a good sized bunch. Try to avoid pulling up the root, you can use scissors to cut the stems



2. Make bunches

gather the yarrow into bunches and tie the bunch with string. If the bits are too small you can put them in a paper bag and leave them somewhere warm to dry. We need our yarrow to be very dry to make wound powder.

3. Hang it up to dry

Hang your bunch of yarrow up to dry or if it is in a paper bag, put it somewhere warm. Once your yarrow bunch is dry and crispy, you will be able to grind it into wound powder, use it to infuse oil to make balms or add it to hot water for a tea

